

Perinatal Substance Use Disorders Training

November 6, 2026

Embassy Suites by Hilton Birmingham

Perinatal substance use is much more common than many of us realize, even amongst clients or patients you already treat. Substance misuse is a common coping strategy for people who are struggling with mental health conditions. Nationwide, suicide and accidental overdose are leading causes of maternal mortality. Women and those with the capacity for pregnancy are most at risk for developing a substance use disorder during their reproductive years, but many maternal/child health professionals feel uncomfortable and ill-equipped in knowing how to support a pregnant or parenting client who is struggling with substance use.

This training aims to begin bridging the knowledge gap by bolstering provider knowledge base. Together, we can ensure that every maternal health and allied health professional across the United States is equipped with the data, knowledge, and skill set to recognize and effectively respond to substance use concerns during pregnancy, early parenthood, and with the birthing parent/child dyad.

This training is a 6-hour advanced training and meets the requirements for the advanced prerequisite for the PMH-C exam application.

Upon completion of this course, participants will be able to:

- Participants will be able to describe the unique etiology of and clinical considerations related to perinatal substance use disorders.
- Participants will explore the impact of contextual and culturally rooted factors on perinatal substance use disorders.
- Participants will be able to summarize the unique implications of perinatal substance use disorders on the parent-child dyad and implications for treatment.
- Participants will have practical knowledge and tools they can apply to support clients with perinatal substance use disorders.
- Participants will be able to describe various pharmacological interventions and their unique considerations that can be utilized for the treatment of perinatal substance use disorders.

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2300 Woodcrest Place Birmingham, AL 35209

Time: 8:30AM - 5PM

Registration Deadline: October 21, 2026

Registration Fee \$325

Student Registration \$225

Registration includes a training manual, handouts, certification of continuing education, a light breakfast, and lunch. The cost is discounted if you are a PSI member, PSI volunteer, or student. See the registration site for more information

The fee for continuing education certification is included in the registration fee. Continuing education certificates will be emailed approximately three weeks after the training event. Candidates for continuing education certification must document their time at the event by signing in and out for the event.



Register Online



go.postpartum.net/PSUDTraining

Continuing education credits are available for:

Psychologists
Counselors
Social Workers
Nurses
Occupational Therapists
& others

Cancellation Policy: If you cancel before **October 21, 2026**, you will get a full refund minus a \$50.00 processing fee. If you cancel **October 21, 2026**, or later, you will be refunded 50% of your registration fee minus a \$50.00 processing fee. Fees can be transferred to future events, and substitutions are accepted.