



Foundations Paternal Perinatal Mental Health

October 6 & 7th, 2025

Delta Hotel Helena Colonial; Helena, MT

PSI's Foundations in Paternal Perinatal Mental Health presents you with key information regarding paternal perinatal mental health with an emphasis on psychosocial dynamics and evidence-based interventions with fathers. Psychotherapists, medical providers, and allied birth professionals will gain valuable knowledge of the key psychological, interpersonal, and systems-level factors related to fathers as they navigate the transition to parenthood. Participants will learn to apply intersectional, multicultural, and gendersensitive approaches to psychotherapy, screening, case conceptualization, and treatment planning with fathers via interactive lecture, multimedia demonstrations, and discussions of case studies.



Upon completion of this course, participants will be able to:

- Discuss paternal perinatal mental health
- Recognize bias as it relates to paternal perinatal mental health
- Describe the psychology of men, masculinities, and fatherhood
- Understand relationships between dads and perinatal mood and anxiety disorders
- Apply appropriate clinical applications when working with new fathers
- Develop and modify programmatic applications for working with men
- Locate local and national resources to aid treatment and professional growth.

Register Online!

<https://postpartum.app.neoncrm.com/np/clients/postpartum/event.jsp?event=2185&>

Delta Hotel Helena Colonial

2301 Colonial Drive Helena, MT 59601

Training: 9:00 am - 5:00 pm

Registration Deadline: September 25, 2025

Cost: \$425 - Standard Registration Fee

\$325 - Student Registration Fee

Registration includes a training manual, handouts, certification of continuing education, a light breakfast, and lunch. The cost is discounted if you are a PSI member, PSI volunteer, or student. See the registration site for more information.

Cancellation Policy: If you cancel before **September 26, 2025**, you will get a full refund minus a \$50.00 processing fee. If you cancel **September 26, 2025**, or later, you will be refunded 50% of your registration fee minus a \$50.00 processing fee. Fees can be transferred to future events, and substitutions are accepted.

Continuing Education:

Psychologists: Postpartum Support International (PSI) is approved by the American Psychological Association to sponsor continuing education for psychologists. Postpartum Support International (PSI) maintains responsibility for this program and its content. Up to 13 hours of credit available.

Counselors: Postpartum Support International has been approved by the National Board for Certified Counselors (NBCC) as an Approved Continuing Education Provider, ACEP No. 6765. Programs that do not qualify for NBCC credit are clearly identified. Postpartum Support International is solely responsible for all aspects of the programs. Up to 13 hours of credit available.

Social Workers: Pending approval.

Occupational Therapists: PSI is an approved provider of CEUs by American Occupational Therapy Association (AOTA), Provider #11342. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA or indicate AOTA approval of a certification or other professional recognition.