

Medical Provider Training for Military

9:00 a.m. to 9:15 a.m. Welcome

Introductions Objectives

9:15 a.m. to 10:45 a.m. Perinatal Mood and Anxiety Disorders: An Overview

Dads and Partners

Substance Use in Pregnancy and Postpartum

Other Considerations

Lactation and PMADs

10:45 a.m. to 10:55 a.m. Information about TriWest and TRICARE

10:55 a.m. to 11:10 a.m. Break

11:10 a.m. to 12:10 p.m. PSI Military Resources

12:10 p.m. to 12:55 p.m. Lunch

12:55 p.m. to 1:05 p.m. Questions and Answers

1:05 p.m. to 2:05 p.m. Medications in Pregnancy and Lactation Part 1:

Antidepressants and Mood Stabilizers

2:05 p.m. to 2:20 p.m. Break

2:20 p.m. to 3:25 p.m. Medications in Pregnancy and Lactation Part 2:

Anxiolytics, Hypnotics, and ADHD Medications

3:25 p.m. to 3:40 pm Questions and Answers

3:40 p.m. to 4:15 p.m. Screening and Screening Tools

Critical Components to Recovery

Resources

4:15 p.m. to 4:30 p.m. Questions, Answers, and Wrap-Up