



POSTPARTUM SUPPORT
INTERNATIONAL

PSI Advanced Perinatal Psychopharmacology Agenda

www.postpartum.net/professionals/trainings-events/advanced-pmh-psychopharmacology/

- 8:00-9:00 Sign-In and Breakfast (provided)
- 9:00-9:15 Introductions of presenters, participants, objectives and how workshop functions
- PART 1: Antidepressants, Anxiolytics, and Hypnotics
- 9:15-9:30 Case 1a: PTSD and depression; key principles in prescribing antidepressants
- 9:30-9:45 Case 2a: GAD; preconception planning; antidepressants and risk of autism
- 9:45-10:00 Case 3a: Anorexia nervosa and depression; antidepressants and neonatal side effects
- 10:00-10:15 Case 4a: Antenatal depression; antidepressants and neonatal pulmonary hypertension
- 10:15-10:25 Case 5a: Panic disorder; perinatal considerations for paroxetine
- 10:25-10:35 Case 6a: Hyperemesis gravidarum
- 10:35-10:50 Break
- 10:50-11:05 Case 7a: Postpartum depression prevention
- 11:05-11:20 Case 8a: OCD and depression; antidepressants and breastfeeding
- 11:20-11:30 Case 9a: PTSD; prazosin
- 11:30-11:45 Case 10a: Childhood sexual abuse; suicidality; breastfeeding
- 11:45-12:00 Case 11a: Insomnia; sleep aids
- 12:00-1:00 Lunch (provided)
- PART 2: Mood Stabilizers and Antipsychotics
- 1:00-1:15 Case 1b: Schizoaffective disorder; valproate
- 1:15-1:30 Case 2b: Bipolar disorder; preconception planning; lurasidone; FDA pregnancy risk categories
- 1:30-1:45 Case 3b: Lithium
- 1:45-2:00 Case 4b: Postpartum psychosis; mood stabilizer/antipsychotics and breastfeeding
- 2:00-2:15 Case 5b: Lamotrigine
- 2:15-2:30 Case 6b: Carbamazepine
- 2:30-2:45 Case 7b: Schizophrenia
- 2:45-3:00 Break
- PART 3: Medication-assisted Treatment for Substance Use Disorders

3:00-3:15 Case 1c: Cigarette smoking
3:15-3:30 Case 2c: Alcohol use disorders
3:30-3:45 Case 3c: Opioid use disorders
PART 4: Medications for ADHD
3:45-4:00 Case 1d: ADHD
4:00-4:30 Wrap up, Q&A, evaluations
6 hours CME/CNE